



Extreme Heat Policy

At Tiggywinkles Pre-School we are committed to ensuring that all children are fully protected from the dangers of too much sun/UV rays. We follow guidance from the weather and UV level reports and use the following procedures to keep children safe and healthy in the sun:

- Children must have a clearly labelled sun hat which will be worn at all times whilst outside in sunny weather.
- Children must have sun cream applied before they come to school.
- Children will always have sun cream applied before going outside in the hot weather and at frequent intervals during the day
- We will re-apply regularly with sun cream (if you prefer your own cream to be used, please label it and place it in your child's bag). Parents will have given us prior written consent to apply sunscreen as necessary. This enables children to have sun cream suitable for their own individual needs. Parents and staff must be aware of the expiry date and discard sunscreen after this date
- Parents are requested to supply lightweight cotton clothing for their children suitable for the sun.
- Children's safety and welfare in hot weather is the pre-school's prime objective so staff will work closely with parents to ensure all appropriate cream and clothing is provided
- Staff will make day-to-day decisions about the length of time spent outside depending on the strength of the sun; children will not be allowed in the direct sunlight between 11.00am - 3.00pm on hot/sunny days
- Children are made aware of the need for sun hats, sun cream and the need to drink more fluids during their time in the sun
- Children are encouraged to drink cooled water more frequently throughout sunny or warm days and this will be accessible both indoors and out
- A decision will be made on the morning of Fit Kidz/Little Tags as to whether these activities take place during periods of extreme heat/sun.
- We will keep the classroom cool by closing the blinds overnight and open all doors and windows before we open in the morning to gain as much cool air as possible before our day begins. Fans will operate and blinds and windows will remain closed on windows facing the direct sunlight.